

# David I.K. Moniz-Lewis

## “Ikela Moniz-Lewis”

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### CONTACT INFORMATION

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Addictive Behaviors and Quantitative Research Lab  
Department of Psychology  
University of New Mexico  
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### EDUCATION

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- 2023 - Present **The University of New Mexico**, Albuquerque, NM  
Doctor of Philosophy in Clinical Psychology  
Anticipated Graduation: May 2026  
Advisor: Dr. Katie Witkiewitz, Ph.D.
- 2021 - 2023 **The University of New Mexico**, Albuquerque, NM  
Master of Science in Psychology, *with distinction*  
Master’s Thesis: *Non-abstinent recovery in mindfulness-based relapse prevention: Exploring mechanisms of change and social moderators*  
Advisor: Dr. Katie Witkiewitz, Ph.D.
- 2016 - 2019 **Sierra Nevada University**, Incline Village, NV  
Bachelor of Arts in Psychology, *summa cum laude*  
Minor in Music  
Academic Honor’s College  
Advisor: Dr. Christina M. Frederick, Ph.D.

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### HONORS & AWARDS

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- 2023 *T32 Predoctoral Fellow*, National Institute on Alcohol and Alcohol Abuse, University of New Mexico, Center for Alcohol, Substance Use, and Addiction (CASAA), New Mexico (Grant #5T32AA018108)
- 2023 *Bertha Melogza Clinical Psychology Award*, The University of New Mexico
- 2023 *Dr. Al S. Fedoravicius Clinical Psychology Award*, The University of New Mexico
- 2023 *Travel Award*, Mechanisms of Behavior Change Satellite Meeting at the 2023 Research Society on Alcoholism
- 2022 *3<sup>rd</sup> Place in Clinical Science Poster Competition*, 2023 Brain and Behavioral Health Annual Research Day, The University of New Mexico
- 2022 *2022 G. Alan Marlatt Scholarship for Mindfulness Training*
- 2022 *2022 Sandia Casino Responsible Gaming Scholarship*, The University of New Mexico
- 2022 *Travel Award*, Mechanisms of Behavior Change Satellite Meeting at the 2022 Research Society on Alcoholism
- 2022 *Jackson-Miller Fellowship*, The University of New Mexico

- 2021 *Award of Academic Excellence*, African American Student Services, The University of New Mexico
- 2021 *1<sup>st</sup> Place in Clinical Science Poster Competition*, 2022 Brain and Behavioral Health Annual Research Day, The University of New Mexico
- 2021 *2021 Sandia Casino Responsible Gaming Scholarship*, The University of New Mexico
- 2019 *Summa Cum Laude Graduation Honors*, Sierra Nevada University
- 2019 *Valedictorian Nominee*, Sierra Nevada University
- 2016 - 2019 *Dean's Highest Honors*, Sierra Nevada University
- 2018 & 2019 *Academic Honor's College Student of the Year*, Sierra Nevada University
- 2019 *National Grant Supported Research Award*, Sierra Nevada University
- 2019 *Academic Honor's College Research Grant Award*, Sierra Nevada University
- 2019 *Distinction in Research and Scholarship Award*, Sierra Nevada University
- 2018 & 2019 *Distinction as Executive Assistant to the Psychology Research Chair*, Sierra Nevada University
- 2019 *1<sup>st</sup> Place in Conference Presentations – 9<sup>th</sup> Annual Sierra Nevada Psychology Research Fair*
- 2019 *WOW Award for Excellence in Service*, The Life Change Center
- 2018 *Outstanding Psychology Student Award*, Sierra Nevada University
- 2018 *3<sup>rd</sup> Place in Conference Presentations – 2018 Sierra Nevada Senior Research Symposium*

## **PUBLICATIONS**

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### ***Peer-reviewed Articles:***

1. **Moniz-Lewis, D. I.K.**, Carlon, H. A., Hebden, H., Tuchman, F. R., Votaw, V. R., Stein, E. R., & Witkiewitz, K. (2023). Third-wave treatments for impulsivity in addictive disorders: A narrative review of the active ingredients and overall efficacy. *Current Addiction Reports*, 1-9.
2. Boness, C. L., Votaw, V. R., Schwebel, F. J., **Moniz-Lewis, D. I.K.**, McHugh, R. K., & Witkiewitz, K. (2023). An evaluation of cognitive behavioral therapy for substance use disorder: A systematic review and application of Tolin's Criteria for empirically supported treatments. *Clinical Psychology: Science and Practice*.
3. Vowles, K. E., Witkiewitz, K., Clarke, E., Schmidt, Z., Borsari, B., Edwards, K. E., Korecki, J. R., **Moniz-Lewis, D. I.**, Bondzie, J. A., Mullins, C., Thoreson, C. I., Delacruz, J., Wilkins, C. H., Nelson, S., Delventura, J., Henderson, R., Katz, A., Hua, W., Watson, E., Baxley, C., Canlas, B., Pendleton, T., Herbst, E., & Batki, S. (2023). Rationale and design of a multisite randomized clinical trial examining an integrated behavioral treatment for Veterans with co-occurring chronic pain and opioid use disorder: The Pain and Opioids Integrated Treatment In Veterans (POSITIVE) trial. *Contemporary Clinical Trials*, 126, 107096.
4. Joseph, V. W., **Moniz-Lewis, D. I. K.**, Richards, D. K., Pearson, M. R., Luoma, J. B., & Witkiewitz, K. (2023). Internalized shame among justice-involved women in substance use disorder treatment: Measurement invariance and changes during treatment. *Stigma and Health*. Advance online publication. <https://doi.org/10.1037/sah0000427>

5. **Moniz-Lewis, D. I.K.**, Stein, E. R., Bowen, S., & Witkiewitz, K. (2022). Self-efficacy as a potential mechanisms of behavior change in mindfulness-based relapse prevention. *Mindfulness*. <https://doi.org/10.1007/s12671-022-01946-z>
6. **Moniz-Lewis, D. I.K.**, & Frederick, C. M. (2020). Are Isochronic Tones Effective? The Impact of Isochronic Tones on Brainwave Entrainment and Stress. *Inquiries Journal*, 12(11).

**Published Abstracts:**

1. **Moniz-Lewis, D. I. K.**, Stein, R. E., Bowen, S., & Witkiewitz, K. (2022). *Examining Mediating Effects of Self-Efficacy on Alcohol and Drug Use Outcomes Following Mindfulness-Based Relapse Prevention and Cognitive Behavioral Relapse Prevention*. [Conference presentation abstract]. 2022 Research Society on Alcoholism; 2022 June 28; Orlando, FL, USA.
2. Fricke, S. A., Robinson, A. J., **Moniz-Lewis, D. I.K.**, Cabral, K. A., & Frederick, C. M. (2018). *What You Sea is What You Get: Does Global vs. Local Priming Impact Hierarchical Perspective?* [Conference presentation abstract]. 2018 Nevada Undergraduate Research Symposium, Reno, NV, Unites States.

**Additional Publications:**

1. **Moniz-Lewis, D. I.K.**, Boness, C.L., Votaw, V.R., Schwebel, F.J., McHugh, R.K., & Witkiewitz, K. (2022). *Cognitive-Behavioral Therapy for Substance and Alcohol Use Disorders*. [Online treatment resource page]. American Psychological Association – Division 12: Society of Clinical Psychology; Empirically Supported Treatments. Center on Alcohol, Substance Use, and Addictions, University of New Mexico. <https://div12.org/treatment/cognitive-behavioral-therapy-for-substance-use-disorders/>

**PRESENTATIONS**

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\* indicates presenting author

**Oral Presentations:**

1. Fricke, S\*. A., Robinson, A. J., **Moniz-Lewis, D. I.K.**, Cabral, K. A., & Frederick, C. M. *What You Sea is What You Get: Does Global vs. Local Priming Impact Hierarchical Perspective?* Presented at: 3<sup>rd</sup> Annual Nevada INBRE State Research Conference; 2018 March; Reno, NV, USA.
2. **Moniz-Lewis, D. I.K.\***. & Frederick, Christina M. Are Isochronic Tones Effective? The Impact of Isochronic Tones on Brainwave Entrainment and Stress. Poster presented at: 2018 Sierra Nevada College Academic Honor's College Research Symposium; 2018 April; Incline Village, NV, USA.

**Poster Presentations:**

1. **Moniz-Lewis, D. I.K.\***, Witkiewitz, K. (2023). *Exploring the role of non-judgment and non-reactivity on drinking outcomes: An evaluation of the Monitor and Acceptance Theory of Mindfulness*. Poster presentation accepted at Center for Alcohol Substance use And Addictions (CASAA) Research Day; 2023 August; Albuquerque, NM, USA.
2. **Moniz-Lewis, D. I.K.\***, Carlon, H. A., Hebden, H., Tuchman, F. R., Votaw, V. R., Stein, E. R., & Witkiewitz, K. (2023) *Third-wave treatments for impulsivity in addictive*

- disorders: A narrative review of the active ingredients and overall efficacy.* Poster presentation accepted at the 2023 Brain and Behavioral Health Research Day, The University of New Mexico; 2023 March 31; Albuquerque, University of New Mexico.
3. Boness, C.L.\*, Votaw, V.R., Schwebel, F.J., **Moniz-Lewis, D.I.K.**, McHugh, R.K., & Witkiewitz, K. (2023). *Cognitive behavioral therapy is an empirically supported treatment for substance use disorder.* Poster presentation accepted at the 2023 Brain and Behavioral Health Research Day, The University of New Mexico; 2023 March 31; Albuquerque, University of New Mexico.
  4. **Moniz-Lewis, D. I.K.\***, Witkiewitz, K. (2023) *Profiles of recovery following cognitive behavioral and mindfulness-based relapse prevention.* Poster presentation accepted at Collaborative Perspectives on Addiction; 2023 March; Albuquerque, NM, USA.
  5. Boness, C.L.\*, Votaw, V.R., Schwebel, F.J., **Moniz-Lewis, D.I.K.**, McHugh, R.K., & Witkiewitz, K. (2023). *Cognitive behavioral therapy is an empirically supported treatment for substance use disorder.* Poster presentation accepted at Collaborative Perspectives on Addiction; 2023 March; Albuquerque, NM, USA.
  6. **Moniz-Lewis, D. I.K.\***, Witkiewitz, K. (2023). *Exploring the role of non-judgment and non-reactivity on drinking outcomes: An evaluation of the Monitor and Acceptance Theory of Mindfulness.* Poster presentation accepted at the Research Society of Alcoholism; 2023 June; Bellevue, WA, USA.
  7. **Moniz-Lewis, D. I. K.\***, Stein, R. E., Bowen, S., & Witkiewitz, K. (2022). *Examining Mediating Effects of Self-Efficacy on Alcohol and Drug Use Outcomes Following Mindfulness-Based Relapse Prevention and Cognitive Behavioral Relapse Prevention.* Poster presentation accepted at 2022 Research Society on Alcoholism; 2022 June 28; Orlando, FL, USA.
  8. Lopez, M.\*, Votaw, V. R., **Moniz-Lewis, D. I. K.**, Witkiewitz, K. (2022). *Mindfulness-Based Relapse Prevention Attenuates the Association Between Post-Traumatic Stress Disorder Symptoms and Substance Use Consequences.* Poster presented at: 2022 Research Society on Alcoholism; 2022 June 29; Orlando, FL, USA.
  9. Joseph, V.\*, **Moniz-Lewis, D.I.K.**, Richards, D., Pearson, M., Luoma, J., & Witkiewitz, K. (2022). *The Intersection of Mindfulness-Based Relapse Prevention and Stigma Among Justice Involved Women.* Poster presented at: 2022 Collaborative Perspectives on Addiction Annual Meeting, 2022 April 7-9; Portland, OR, USA.
  10. **Moniz-Lewis, D. I. K.\***, Stein, R. E., Bowen, S., & Witkiewitz, K. (2022). *Examining Mediating Effects of Self-Efficacy on Alcohol and Drug Use Outcomes Following Mindfulness-Based Relapse Prevention and Cognitive Behavioral Relapse Prevention.* Poster presented at: 2022 Brain and Behavioral Health Annual Research Day, The University of New Mexico; 2022 April 8; Albuquerque, NM, USA.  
<https://digitalrepository.unm.edu/cgi/viewcontent.cgi?article=1042&context=hsc-bbhrd>
  11. **Moniz-Lewis, D. I. K.\*** & Frederick, Christina M. *Not As Advertised: Alpha Isochronic Tones Have Contradictory Effects on Brainwave Entrainment and Stress.* Poster presented at: 2021 Association for Psychological Science Virtual Convention; 2021 May 26-27; Virtual.
  12. **Moniz-Lewis, D. I. K.\*** & Frederick, Christina M. *Are Isochronic Tones Effective? The Impact of Isochronic Tones on Brainwave Entrainment and Stress.* Poster presented at: 28<sup>th</sup> Annual UCLA Psychology Undergraduate Research Conference; 2019 May 10; Los Angeles, CA, USA.

13. **Moniz-Lewis, D. I. K.\*** & Frederick, Christina M. *Are Isochronic Tones Effective? The Impact of Isochronic Tones on Brainwave Entrainment and Stress*. Poster presented at: 2019 Nevada Undergraduate Research Symposium; 2019 May; Reno, NV, USA.
14. **Moniz-Lewis, D. I. K.\*** & Frederick, Christina M. *Are Isochronic Tones Effective? The Impact of Isochronic Tones on Brainwave Entrainment and Stress*. Poster presented at: 9<sup>th</sup> Annual Sierra Nevada College Psychology Research Fair; 2019 April 24; Incline Village, NV, USA.
15. **Moniz-Lewis, D. I. K.\*** & Frederick, Christina M. *Are Isochronic Tones Effective? The Impact of Isochronic Tones on Brainwave Entrainment and Stress*. Poster presented at: Sierra Nevada College Senior Research Symposium; 2019 April; Incline Village, NV, USA.
16. Fricke, S. A., Robinson, A. J., **Moniz-Lewis, D. I. K.\***, Cabral, K. A., & Frederick, C. M. *What You Sea is What You Get: Does Global vs. Local Priming Impact Hierarchical Perspective?* Presented at: 2018 Nevada Undergraduate Research Symposium; 2018 April 30; Reno, NV, USA.
17. Fricke, S. A., Robinson, A. J., **Moniz-Lewis, D. I. K.\***, Cabral, K. A., & Frederick, C. M. *What You Sea is What You Get: Does Global vs. Local Priming Impact Hierarchical Perspective?* Presented at: 8<sup>th</sup> Annual Sierra Nevada College Psychology Research Fair; 2018 April; Incline Village, NV, USA.
18. **Moniz-Lewis, D. I. K.\*** *Music as Medicine: Isochronic Tones and Stress*. Presented at: 2018 Sierra Nevada Senior Research Symposium; 2018 April; Incline Village, NV, USA.
19. Fricke, S. A., Robinson, A. J., **Moniz-Lewis, D. I. K.\***, Cabral, K. A., & Frederick, C. M. *What You Sea is What You Get: Does Global vs. Local Priming Impact Hierarchical Perspective? (Pilot Study)* Presented at: 2017 Nevada Undergraduate Research Symposium; 2017 April 20; Reno, NV, USA.
20. Fricke, S. A., Robinson, A. J., **Moniz-Lewis, D. I. K.\***, Cabral, K. A., & Frederick, C. M. *What You Sea is What You Get: Does Global vs. Local Priming Impact Hierarchical Perspective? (Pilot Study)* Presented at: 7<sup>th</sup> Annual Sierra Nevada College Psychology Research Fair; 2017 April; Incline Village, NV, USA.

## RESEARCH EXPERIENCE

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- 2022 - Present **Graduate Student Research Assistant**  
 Department of Psychology, The University of New Mexico  
 Advisor: Katie Witkiewitz, Ph.D.  
 Duties: Conducted screening, assessment, and recruitment for a study examining the integration of Mindfulness-Based Relapse Prevention and Acceptance and Commitment Therapy for Individuals with chronic pain and opioid use disorder (Grant: NCT05571917)
- 2021 - Present **Graduate Student Research Assistant**  
 Department of Psychology, The University of New Mexico  
 Advisor: Katie Witkiewitz, Ph.D.  
 Duties: Conduct screenings and assessments for veterans recruited into study examining integration of Mindfulness-Based Relapse Prevention and Acceptance and Commitment Therapy for veterans with chronic pain and opioid use disorder (Grant: UG3/UH3DA051441).
- 2017 - 2019 **Undergraduate Research Assistant**

Department of Psychology, Sierra Nevada University

Advisor: Christina M. Frederick, Ph.D.

Duties: Research design, data collection, coding of virtual measurement tools, general study organization, for an NIH funded study investigating impact of visual priming on hierarchical perspective.

2017 - 2019 **Academic Honors College – Independent Undergraduate Research**

Academic Honors College, Sierra Nevada University

Advisor: Robert King, Ph.D.

Duties: Completed a fully independent project that investigated neural correlates of an auditory entrainment technique (e.g., created research question, research method, submitted and managed IRB, collected, organized, and analyzed data, wrote manuscript, etc.). Funded through internal honor's college grant.

## TEACHING EXPERIENCE

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- 2023 **Mindfulness-Based Relapse Prevention, 2-Day Facilitator Training for NIAAA-funded Project THRIVE (PI: Katie Witkiewitz).**  
(co-taught with Katie Witkiewitz, Ph.D. and Sarah Bowen, Ph.D.)  
Center for Alcohol Substance use And Addiction (CASAA)
- 2023 **Mindfulness-Based Relapse Prevention, Intensive Experiential Training for Clinicians and Other Healthcare Professionals**  
(co-taught with Elena R. Stein, Ph.D.)  
Offered by the Motivational Interviewing Training Center, Albuquerque, NM
- 2023 **Mindfulness-Based Relapse Prevention in Harm Reduction Settings**  
(co-taught with Katie Witkiewitz, Ph.D.)  
Center for Alcohol Substance use And Addiction (CASAA)
- 2022 **Guest Lecturer – Substance Use Disorders**  
(Instructor: Elizabeth Hogden, M.S.)  
Clinical Psychology – Department of Psychology, UNM
- 2022 **Current Research on Mindfulness-Based Relapse Prevention for Substance Use Disorders**  
HopeWorks, Albuquerque, New Mexico
- 2022 **Mindfulness-Based Relapse Prevention Training**  
(co-facilitators: Sarah Bowen, Ph.D. & Katie Witkiewitz, Ph.D.)  
Department of Psychology, UNM

## CLINICAL EXPERIENCE

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- 2023 - Present **Group Therapist**  
*Center for Alcohol, Substance Use, and Addiction (CASAA) – Albuquerque, NM*  
Supervisor: Katie Witkiewitz, Ph.D.  
Duties: Study therapist for NIAAA-funded Project THRIVE (PI: Katie Witkiewitz, Ph.D.) offering remote rolling format Mindfulness-Based Relapse Prevention for individuals who wish to abstain from or moderate drinking.  
(Grant Number: TBD).
- 2023 - Present **Neuropsychological Assessment**

- Hopeworks – Albuquerque, NM*  
 Supervisor: Lynette Abrams-Silva, Ph.D., Board-Certified Neuropsychologist  
 Duties: Conducting neuropsychological assessment for individuals with ongoing and/or a history of chronic homelessness. Treatment and healthcare recommendations made based on the results of the assessments and in consultation with treatment team.
- 2023 - Present **Group Therapist**  
*Center for Alcohol, Substance Use, and Addiction (CASAA) – Albuquerque, NM*  
 Supervisor: Katie Witkiewitz, Ph.D. & Megan Kirouac, Ph.D.  
 Duties: Study therapist for a telehealth delivered group psychosocial treatment utilizing Mindfulness Based Relapse Prevention and Acceptance and Commitment Therapy for the treatment of co-occurring chronic pain and opioid use disorder. (Grant Number: NCT05571917)
- 2022 - Present **Clinical Assessor & Therapist**  
*UNM Alcohol Specialty Clinic & UNM General Psychology Clinic – Albuquerque, NM*  
 Supervisor: Theresa Moyers, Ph.D.  
 Duties: Conduct psychological assessments and provide empirically supported treatments for a range of psychological disorders including alcohol use disorders, generalized anxiety disorder, and major depressive disorder in an outpatient treatment setting. Treatments utilized include Motivational Interviewing, Cognitive Behavioral Therapy, and the Unified Protocol for Emotional Disorders.
- 2021 - Present **Group Therapist**  
*Turquoise Lodge & UNM General Psychology Clinic – Albuquerque, NM*  
 Supervisor: Katie Witkiewitz, Ph.D.  
 Duties: Facilitate rolling Mindfulness-Based Relapse Prevention (MBRP) groups to individuals at an inpatient substance use treatment program (Turquoise Lodge). Facilitate a mindfulness-based skills group, based on MBRP, to individuals within the UNM General Psychology Clinic. Both done virtually due to COVID-19.
- 2022 **Group Therapist**  
*HopeVillage/Hopeworks – Albuquerque, NM*  
 Supervisor: Katie Witkiewitz, Ph.D.  
 Duties: Created and developed a Mindfulness-Based Skills Group for individuals with a history of being chronically unhoused and underserved.
- 2021 - 2022 **Telephone Screener**  
*UNM Alcohol Clinic & UNM General Psychology Clinic – Albuquerque, NM*  
 Supervisor: Theresa Moyers, Ph.D.  
 Duties: Screen individuals seeking treatment for alcohol misuse to determine eligibility for treatment in UNM Alcohol Clinic. Screen individuals seeking mental health treatment to determine eligibility for treatment in UNM General Clinic.
- 2019 - 2021 **State-Certified Alcohol and Drug Abuse Counselor (CADCi - NV); Assistant Site Director**

*The Life Change Center – Carson City, NV*  
 Supervisor: Kelly Johnson, CADC & Viki Lillegard, CADC, MFT  
 Duties: Provided individual and group counseling, medication adjustments, case-management/community referrals, etc. within a Level 1 MAT Opioid Treatment Program via a harm reduction model. Promoted to assistant site-director where duties included management of day-to-day functioning of the clinic, addressing client grievances, co-worker mediation, survey design and outcome implementation, etc.

## **CLINICAL TRAINING**

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### ***Treatment Modality Training***

- Oct. 2023 *Brief Alcohol Screening and Intervention of College Students (BASICS)*  
 Workshop offered to UNM Alcohol Treatment Specialty Clinic.  
 Present by Katie Witkiewitz, Ph.D.
- Sept. 2022 *Acceptance and Commitment Therapy (ACT) for Chronic Pain*  
 Workshop for therapists on NIH IMPOWR grant trail for ACT and MBRP for community patients with comorbid chronic pain and opioid use disorder.  
 Presented by Kevin Vowels, Ph.D.
- 2022 *Mindfulness-Based Relapse Prevention (MBRP)*  
 Clinician training presented through UC San Diego. Presented by Sarah Bowen, Ph.D., Katie Witkiewitz, Ph.D.
- Feb. 2022 *Acceptance and Commitment Therapy (ACT) for Chronic Pain*  
 Workshop for therapists on NIH UG3 trail for ACT and MBRP for veterans with comorbid chronic pain and opioid use disorder. Presented by Kevin Vowels, Ph.D.
- 2022 *Cognitive Behavioral Therapy – Enhanced for Eating Disorders (CBT-E)*  
 Doctoral training in empirically supported treatments. Presented by Jane Ellen-Smith, Ph.D.
- 2022 *Cognitive Behavioral Therapy (CBT) for Panic Disorder*  
 Doctoral training in empirically supported treatments. Presented by Jane Ellen-Smith, Ph.D.
- 2022 *Behavioral Activation (BA) for Depressive Disorders*  
 Doctoral training in empirically supported treatments. Presented by Jane Ellen-Smith, Ph.D.
- 2022 *Community Reinforcement Approach (CRA) for Substance Use Disorders*  
 Doctoral training in empirically supported treatments. Presented by Jane Ellen-Smith, Ph.D.
- 2022 *Community Reinforcement Approach and Family Training (CRAFT) for Substance Use Disorders*  
 Doctoral training in empirically supported treatments. Presented by Jane Ellen-Smith, Ph.D.
- 2021 *Mindfulness-Based Relapse Prevention (MBRP)*  
 Workshop for 8-week rolling groups. Presented by Sarah Bowen, Ph.D., Katie Witkiewitz, Ph.D., and Elena Stein, M.S.

### ***Assessment Training***



- 2023 *WISC-V Weschler Intelligence Scale for Children – 5<sup>th</sup> Edition (WISC-V)*. Trained in administration, scoring, and interpretation. Presented by Naila Decruz-Dixon, M.S.
- 2023 *Weschler Adult Intelligence Scale – 4<sup>th</sup> Edition (WAIS-IV)*. Trained in administration, scoring, and interpretation. Presented by Lynette Abrams-Silva, Ph.D.
- 2021 *Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)*. Trained in administration, scoring, and interpretation. Presented by Kaitlyn Schodt, M.S.

### ***Other Clinical Training***

- 2019 - 2021 *Medication-Assisted Treatment for Opioid Use Disorder & Harm-Reduction*  
Completed 4,000 hours of supervised counseling and medication supervision/consultation with individuals prescribed methadone, buprenorphine, and naltrexone for opioid use disorder within a harm-reduction framework. Supervised by Kelly Johnson, CADC & Viki Lillegard, CADC, MFT.

### **ACADEMIC INTERSHIP**

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- 2017 - 2019 **Intern to the Psychology Department Chair**  
*Sierra Nevada University*  
Supervisor: Christina M. Frederick, Ph.D.  
Duties: Assistance with the development of the Psychology Scholar Program, planning of and attendance to undergraduate research conferences (UCLA Psychology Undergraduate Research, Conference Stanford Undergrad Research Conference, etc.), organized psychology guest speakers, etc.

### **MENTORSHIP**

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- 2021 - Present **Undergraduate Student Mentor**  
*The Recruitment, Retention, and Mentoring subcommittee of the UNM Psychology Department Diversity Committee*  
Duties: In the process of leading the creation of a mentoring program in which graduate students provide mentorship to undergraduate students from historically underrepresented backgrounds.
- 2017 - 2019 **Undergraduate Student Mentor**  
*Sierra Nevada University*  
Supervisor: Henry Conover, M.A.  
Duties: Developed a class to be based on the students' academic and personal life goals. Advised, tutored, and mentored students on how to navigate the undergraduate experience.

### **PROFESSIONAL SOCIETY MEMBERSHIPS AND ASSOCIATIONS**

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- 2023 - Present *New Mexico Psychological Association*, Student Member
- 2022 - Present *Research Society of Marijuana*, Student Affiliate
- 2022 - Present *American Psychological Association, Division 49 (Society of Group Psychology and Group Psychotherapy)*, Student Affiliate

- 2021 - Present *Research Society on Alcoholism*, Student Affiliate
- 2021 - Present *Association for Contextual and Behavioral Sciences*, Student Affiliate
- 2021 - Present *American Psychological Association, Division 50 (Addiction)*, Student Affiliate
- 2021 - Present *Association for Psychological Science*, Student Member
- 2021 - Present *American Mindfulness Research Association*, Student Member
- 2021 - Present *Psychology Department Diversity Committee, Retention & Mentoring Subcommittee*, The University of New Mexico

### **ADVANCED QUANTITATIVE METHODOLOGY TRAINING**

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- 2022 **Structural Equation Modeling Course.** Taught by: Yu-Yu Hsiao, Ph.D., University of New Mexico
- 2022 **Introduction to Structural Equation Modeling.** Presented by: Dan Bauer, Ph.D. & Patrick Curran, Ph.D., CenterStat
- 2022 **Latent Class/Cluster Analysis and Mixture Modeling.** Presented by: Dan Bauer, Ph.D. & Doug Steinley, Ph.D., CenterStat

### **SERVICE & LEADERSHIP**

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- 2023 - Present **PCSAS Student Representative**, University of New Mexico, Albuquerque, NM
- 2022 - Present **Program Review Committee Member**, Albuquerque Healthcare for the Homeless, Albuquerque, NM
- 2021 - Present **Contributor to the Founding of the CASAA Community Advisory/Engagement Board**, The Center for Alcohol Substance Use, and Addictions, Albuquerque, NM
- 2021 – 2023 **DO! Diversity Organization Graduate Student Member & Co-chair (Aug. 2022 – Present)**, University of New Mexico, Department of Psychology
- 2021 - 2022 **Mindfulness & Contemplative Practices Contributor**, Transition US; USA
- 2021 - 2021 **Volunteer**, Nights Off The Streets – Homeless Shelter; Carson City, NV
- 2019 **Quantitative Survey Design Workshop Lead**, North Lake Tahoe/Truckee Leadership Organization; Incline Village, NV
- 2019 **Psychedelic Harm Reduction Crisis Peer Support**, Zendo Project – Black Rock City, NV